



MONEY: MODULES 4-7
IDENTIFYING & REMOVING
YOUR NEGATIVE BELIEFS

QUESTIONNAIRE A

Please go through the following questionnaires by rating your level of agreement to each of the 24 and 8 statement.

From 0 = completely wrong to 10 = completely true

1. Money stinks.
2. If I were rich, I'd only be loved for my money.
3. Money is slipping between my fingers.
4. Cobbler, stick to your last.
5. If you don't honor the penny, you're not worth the dollar.
6. Money corrupts the character.
7. Money isn't everything.
8. I dislike the preoccupation with money.
9. I can only have money if someone else does not have enough.
10. A lot of money cannot be acquired honestly.
11. It is easier for a camel to go through the eye of a needle than for a rich man to get into heaven.
12. Money corrupts.
13. Money can only be obtained through saving.
14. God (only) loves the poor.
15. Money makes lazy.
16. Being rich makes lonely.
17. When you are rich you have no true friends.
18. Wealth creates envy.
19. Wealth creates worries and problems.
20. If I wanted more money, I could have more, I just don't want to.
21. Money goes at the expense of family and relationships.
22. Be satisfied with what you have.
23. Modesty is a human virtue.
24. Somehow, I am not worth (much) money.

QUESTIONNAIRE B

From 0 = completely wrong to 10 = completely true

1. Money is a universal resource
2. I love having money and spending it
3. God loves the rich
4. Money is pure energy and freedom
5. I love money, money loves me
6. Money is not everything, but without money everything is nothing
7. Good, intelligent people are wealthy
8. I attract money like a magnet?

Add your score of questionnaire A and questionnaire B, then deduct the result of B from A to calculate your result.

A - B = Total (>25 = loaded system)

If you score over 25 points your mental system is loaded.

That means that your attitude and beliefs are standing in your way.

THE THREE MONEY TYPES

The successor

Your relationship to money is marked by negative beliefs, most of which have been passed on to you by your parents or other role models. They can also be the exact opposite and may have arisen from rejection or rebellion against your parents. In both cases these beliefs are entangled with one or both of your parents or another important role model that heavily influenced you during your childhood.

The Winner-Loser

You have a very unstable and shaky relationship with money. You might be able to have a lot at some point, but you are very likely to lose it quickly again. Once you have money, you feel the urgent need to spend it quickly and with full hands. It seems as if you were unable to keep it, no matter how much you earn.

The Social

You're trapped in an Offender-Helper-Victim triangle. You probably don't have much money yourself and you think it's kind of immoral to have more. You probably have rather great respect for people who are rich and feel unable to belong to this group of people. You tell yourself that money is important to avoid to think too much about it.

YOUR NEW POSITIVE BELIEFS

Please write down here the first positive belief:

I AM _____

Please write down here the second positive belief:

I AM _____